



Triathlon

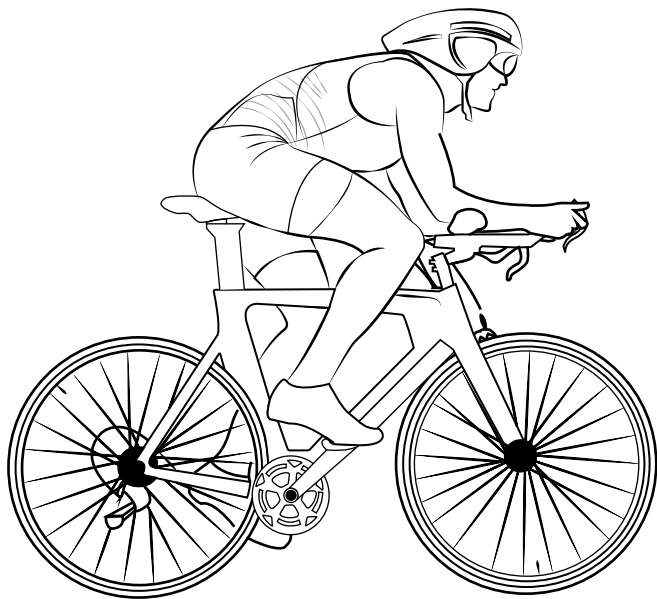
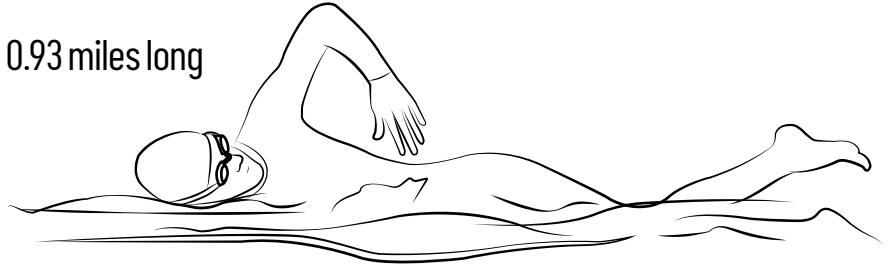
A triathlon is an endurance sport that combines swimming, road cycling and distance running, performed in that order.

The Olympic swimming portion is 0.93 miles long

Olympic record:

Men: 18:24

Women: 21:36



The Olympic cycling event is 24.8 miles long

Olympic record:

Men: 49:40

Women: 54:16



The Olympic running event is 6.2 miles long

Olympic record:

Men: 30:36

Women: 33:32

The Olympic record for the Triathlon is **Men: 1:39:50** **Women: 1:50:51**

Hey kids! You can do this too!

Triathlon's vary in length and kids can participate.

Create a map and go race!

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