



# Judo!



Color each character and explore fun facts about Judo.

## Judo's History

In 1882, judo became the first sport to combine self defense moves with focus and determination.

## Judo Vocabulary

Athletes in judo are named "Judoka" (Ju-dough-kah).

## Women in Judo

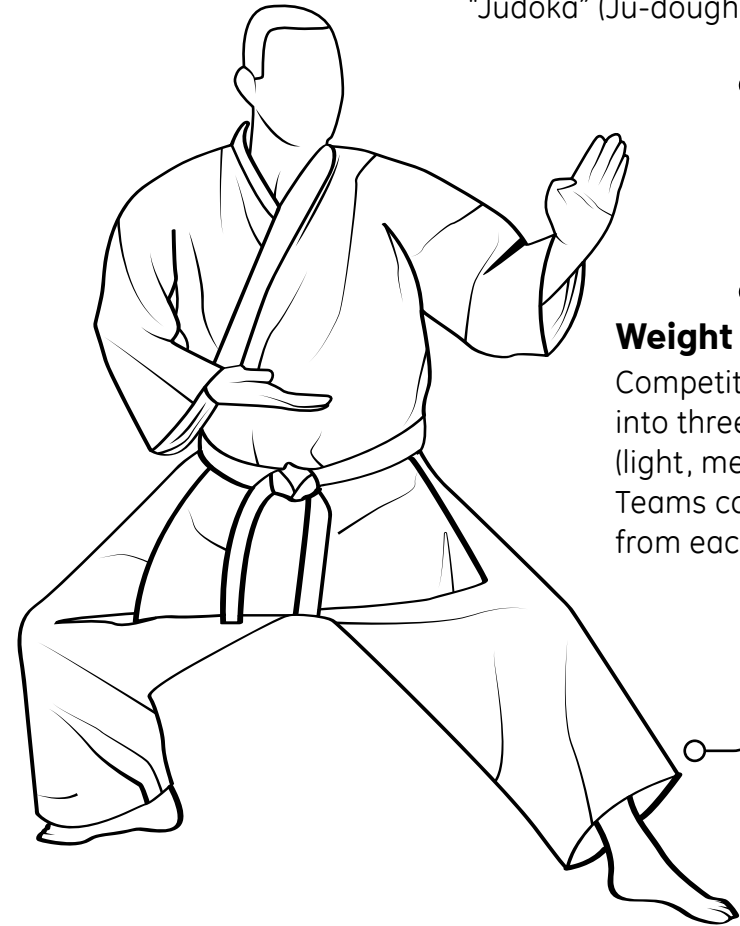
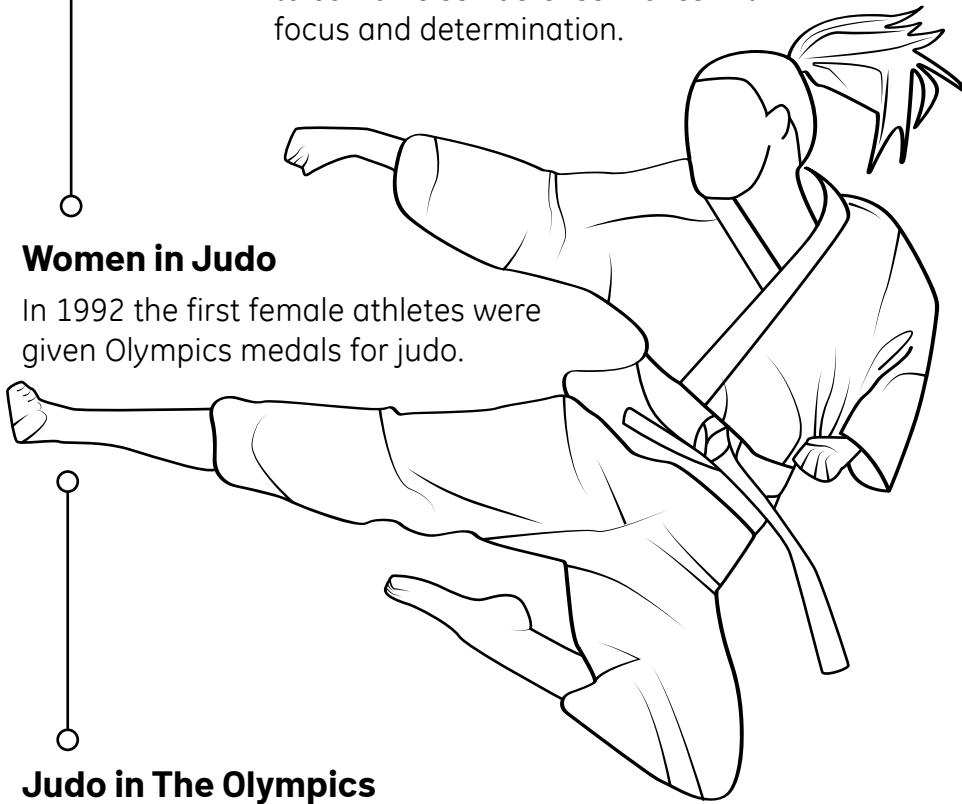
In 1992 the first female athletes were given Olympics medals for judo.

## Weight Class

Competitors are divided into three weight classes (light, medium & heavy). Teams contain 2 people from each weight class.

## Judo in The Olympics

Judo was first introduced at the Tokyo Summer Olympic games in 1964.



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